

AVOCADO SALAD

- 2 tomatoes
- 2 avocados
- 1 onion
- 1 lemon
- 2 tbs. of live oil

Take two firm tomatoes

Slice them into small cubes

Take two large avocados

Slice them up in small cubes

Chop small fresh onion very fine

Dice parsley, basil and oregano to the amount you prefer

Squeeze one large lemon juice into a cup

Add two tablespoons of olive oil into the juice

Add the juice into the diced ingredients

Mix well

Add vegetable salt and red pepper to your taste

Mix it with avocados and tomatoes and its ready to serve



Roland
Yakoubov