

CUCUMBER SALAD

- 3 cucumbers
- avocado
- 1 tomato
- carrots
- 1 green onion
- basil
- parsley
- 1 orange
- 2 tbs. of olive oil

Take three large cucumbers and slice them thin

Chop one baked avocado

Take a medium tomato and slice nicely

Dice basil, parsley and green onion

Squeeze orange into the salad

Add two tablespoons of olive oil

Dice some carrots on the top and mix in well

Ready to serve



Roland
Yakoubov